

Rebecca M. Brossoit, Ph.D.
Curriculum Vitae

PROFESSIONAL EXPERIENCE

Louisiana State University August 2021 – Present
Assistant Professor
Psychology Department; Industrial-Organizational Area

Oregon Health & Science University August 2020 – July 2021
Postdoctoral Researcher
Oregon Institute for Occupational Health Sciences
Supervisor: Dr. Leslie B. Hammer

EDUCATION

Colorado State University May 2021
Doctor of Philosophy, Industrial-Organizational Psychology
*Dissertation: Engaging with Nature and Work: Associations Among
the Outdoor Environment and Employee Outcomes*
Dissertation Advisor: Dr. Tori L. Crain

Master of Science, Industrial-Organizational Psychology November 2017
Thesis: Linking Work and Home Life: Mediating Effects of Sleep
Thesis Advisor: Dr. Tori L. Crain

University of Massachusetts Amherst May 2015
Bachelor of Science, Psychology; Minor in Sociology
*Honors Thesis: The Effects of Saliency on Short-Term Memory Recall
And Sleep-Dependent Memory Consolidation*
Honors Thesis Advisors: Dr. Rebecca M. C. Spencer & Dr. Susan K. Whitbourne

PUBLICATIONS

*Denotes graduate student author

Peer-Reviewed Articles

15. Wong, J. R. & **Brossoit, R. M.** (Conditionally Accepted). Working Against the Current: What Different Groups Can Teach Us About Anti-work. *Industrial and Organizational Psychology: Perspectives on Science and Practice*.
14. **Brossoit, R. M.**, Stark*, H. P., Crain, T. L., Bodner, T. E., Hammer, L. B., Mohr, C. D. & Shea, S. A. (In Press). Multidimensionality of the PROMIS sleep disturbance 8b short form in working adult populations. *Sleep Health*.

13. **Brossoit, R. M.**, Hammer, L. B., Crain, T. L., Leslie*, J. J., Bodner, T. E., & Brockwood, K. J. (2023). The Effects of a *Total Worker Health* Intervention on Workplace Safety: Mediating Effects of Sleep and Supervisor Support for Sleep. *Journal of Occupational Health Psychology*. 28(4) 263–276. <https://doi.org/10.1037/ocp0000357>
12. **Brossoit, R. M.** & Wong*, J. R. (2023). Instilling Ethics in I-O: The Responsibility of I-O Graduate Training Programs. *Industrial and Organizational Psychology: Perspectives on Science and Practice*. 16(2), 182–186. <https://doi.org/10.1017/iop.2023.4>
11. **Brossoit, R. M.**, Crain, T. L., Stevens, S. C., Wong*, J. R., & Guasta, L. (2023). Alert at Work? Perceptions of Alertness Testing and Recommendations for Practitioners. *Occupational Health Science*. 7(2), 379–396. <https://doi.org/10.1007/s41542-022-00139-3>
10. Perpich*, R. A., **Brossoit, R. M.**, Fisher, G. G., Kath, L. M., & Kunz*, J. (2022). Going Upstream: Recommendations for Training the Next Generation of I-O Influencers. *Industrial and Organizational Psychology: Perspectives on Science and Practice*. 15(2), 294–297. <https://doi.org/10.1017/iop.2022.12>
9. Wong*, J. R., Crain, T. L., **Brossoit, R. M.**, Hammer, L. B., Bodner, T. E., & Brady, J. M. (2022). Beyond Just Resilience: The Important Role of Work-Family Resources for Military Service Members. *Occupational Health Science*. 6(3), 425–450. <https://doi.org/10.1007/s41542-022-00111-1>
8. Hammer, L. B., Brady, J. M., **Brossoit, R. M.**, Mohr, C. D., Bodner, T. E., Crain, T. L., & Brockwood, K. J. (2021). Effects of a *Total Worker Health*[®] Leadership Intervention on Employee Well-Being and Functional Impairment. *Journal of Occupational Health Psychology*. 26(6), 582–598. <https://doi.org/10.1037/ocp0000312>
7. Robles-Saenz*, F., **Brossoit, R. M.**, Crain, T. L., Hammer, L. B., & Wong, J. R. (2021). Understanding the Role of Family-Specific Resources for Immigrant Workers. *Occupational Health Science*. 5(4), 541–562. <https://doi.org/10.1007/s41542-021-00099-0>
6. Lucas-Thompson, R. G., Crain, T. L., & **Brossoit, R. M.** (2021). Measuring Sleep in Adolescence: Comparing Subjective and Objective Daily Measures. *Sleep Health*. 7(1), 79–82. <https://doi.org/10.1016/j.sleh.2020.06.005>
5. Crain, T. L., **Brossoit, R. M.**, Robles-Saenz, F., & Tran, M. (2020). Fighting Fatigue: A Conceptual Model of Driver Sleep in the Gig Economy. *Sleep Health*. 6(3), 358–365. <https://doi.org/10.1016/j.sleh.2020.02.004>
4. **Brossoit, R. M.**, Crain, T. L., Hammer, L. B., Lee, S., Bodner, T. E., & Buxton, O. M. (2020). Associations Among Patient Care Workers' Schedule Control, Sleep, Job Satisfaction, and Turnover Intentions. *Stress & Health*. 36(4), 442–456. <https://doi.org/10.1002/smi.2941>

3. **Brossoit, R. M.**, Crain, T. L., Leslie, J. J., Hammer, L. B., Truxillo, D. M., & Bodner, T. E. (2019). The effects of sleep on workplace cognitive failure and safety. *Journal of Occupational Health Psychology*, 24(4), 411–422. <https://doi.org/10.1037/ocp0000139>
On the Short List (Top 10) for the Journal of Occupational Health Psychology Best Paper Award 2019–2020
2. Crain, T. L., **Brossoit, R. M.**, & Fisher, G. G. (2018). Work, nonwork, and sleep (WNS): A review and conceptual framework. *Journal of Business and Psychology*, 33(6), 675–697. <https://doi.org/10.1007/s10869-017-9521-x>
1. Ganster, D. C., Crain, T. L., & **Brossoit, R. M.** (2018). Physiological measurement in the organizational sciences: A review and recommendations for future use. *Annual Review of Organizational Psychology and Organizational Behavior*, 5(1), 267–293. <https://doi.org/10.1146/annurev-orgpsych-032117-104613>

Other Articles¹

1. **Brossoit, R. M.** & Wong, J. R. (2023). “Nobody Wants to Work Anymore”: Reflecting on I-O Psychology’s Values and Assumptions Through the Lens of the Anti-Work Movement. *The Industrial-Organizational Psychologist*.
2. **Brossoit, R. M.**, Wong*, J. R., & Fisher, G. G. (2021). Same Degrees, Different Requirements: The Variety of Comprehensive (“Comps”) in I-O Psychology Master’s and Doctoral Programs. *The Industrial-Organizational Psychologist*.
3. **Brossoit, R. M.**, Wong*, J. R., Robles-Saenz*, F., Barber, L. K., Allen, T. D., & Britt, T. W. (2021). Is that Ethical? The Current State of Industrial-Organizational Psychology Graduate Training in Ethics. *The Industrial-Organizational Psychologist*.

MANUSCRIPTS UNDER REVIEW

1. **Brossoit, R. M.** & Leslie*, J. J. (Under Review). [Title Omitted].
2. **Brossoit, R. M.**, Hammer, L. B., Bodner, T. E., Mohr, C. D., Allen*, S. J., Crain, T. L., Brockwood, K. J., & Adler, A. B. (Under Review). [Title Omitted].
3. Crain, T. L., Hammer, L. B., **Brossoit, R. M.**, Brockwood, K. J., Mohr, C. D., Bodner, T. E., Allen*, S., Dretsch, M. N., & Shea, S. A. (1st R&R Under Review). [Title Omitted].

REVISIONS IN PROGRESS

1. **Brossoit, R. M.**, Crain, T. L., Leslie*, J. J., Fisher, G. G., & Eakman, A. M. (1st R&R In Progress). [Title Omitted].

¹ The *Industrial-Organizational Psychologist* is SIOP’s peer-reviewed quarterly newsletter.

MANUSCRIPTS IN PREPARATION²

1. Kossek, E. E., **Brossoit, R. M.**, Stiehl, E., & Bodner, T. E. (In Progress). [Title Omitted].
2. Leslie, J. J., Crain, T. L., **Brossoit, R. M.**, Hammer, L. B., Bodner, T. E., & Mohr, C. D. (In Progress). [Title Omitted].
3. **Brossoit, R. M.**, Henle, C. A, Crain, T. C. & Stark, H. P.* (In Progress). [Title Omitted].
4. Cobb, H. R., Thomas, C. L., **Brossoit, R. M.**, Piszczek, M. M. & Rudolph, C. W. (In Progress). [Title Omitted].
5. Brady, J. M., Hammer, L. B., Allen*, S. J., Crain, T. L., **Brossoit, R. M.**, & Bodner, T. E. (In Progress). [Title Omitted].

CONFERENCE PRESENTATIONS

** Denotes undergraduate student author

*Denotes graduate student author

Brossoit, R. M., & Leslie*, J. J. (2023, November). Branching Out: An Integrative Review and Conceptual Model Connecting Nature and Employee Outcomes. In *Effects of Nature on Employee Psychological Well-Being*. [Virtual Symposium]. Bi-annual Work, Stress, and Health Conference.

Stark, H. P., **Brossoit, R. M.**, Fan, G., Eich, B., Glover, D., & Beck, M. R. (2023, November). The Effects of a Brief Virtual Nature Exposure on Employee Attention, Affect, and Job-Related Well-Being: An Experimental Study. In *Effects of Nature on Employee Psychological Well-Being*. [Virtual Symposium]. Bi-annual Work, Stress, and Health Conference.

Kossek, E. E., **Brossoit, R. M.**, Stiehl, E., & Bodner, T. E. (2023, August). Expanding Perspectives on Enhancing Control over the Work-Nonwork Boundary: A Randomized Cell Phone Policy Field Study of Front Line Grocery Workers. In M. Cable, V. Conzon, & A. Ianniella (Chairs), *Theorizing the Intersection of Time and Control* [Symposium]. Annual Academy of Management Conference, Boston, MA, United States.

Nominated by the Academy of Management for the Managerial and Organizational Cognition Division Best Symposium Award

Bickley, A. L.** & **Brossoit, R. M.** (2023, July). *The Impact of Nature on Worker Job Satisfaction, Stress Level, and Productivity*. [Poster Presentation]. Summer Undergraduate Research Forum, Baton Rouge, LA, United States.

Brossoit, R. M. (Chair), Kring, C., Leslie, J. J., **Brossoit, R. M.**, Anderson, K., Green, S., Burke, V. A., & Smith, C. E. (2023, April). *Bridging Disciplinary Barriers: Interdisciplinary I-O IGNITE*. [IGNITE Session]. Annual Society for Industrial and Organizational Psychology Conference, Boston, MA, United States.

² Includes papers with in-progress or completed analyses; anticipated submission in 2023.

Bessey, A. (Co-Chair), Klinefelter, Z. (Co-Chair), Clark, T., Haas, E., Kiehl, Z., **Brossoit, R. M.** (2023, April). *Wearables in the Workplace: Balancing Privacy with Health and Performance Benefits*. [Panel Discussion]. Annual Society for Industrial and Organizational Psychology Conference, Boston, MA, United States.

Perpich, R. A. (Co-Chair), Fisher, G. G. (Co-Chair), **Brossoit, R. M.** (Co-Chair), & Kath, L. (Co-Chair). Agars, M., Fletcher, K., Kath, L., Kring, C., Robles-Saenz, F., Rutigliano, P., Sawyer, K., Schmidt, G., & Spitzmueller, C. (2023, April). *Science Shouldn't be a Secret: Advancing I/O Psychology Science Communication*. [Alternative Session]. Annual Society for Industrial and Organizational Psychology Conference, Boston, MA, United States.

Kossek, E. E., **Brossoit, R. M.**, Stiehl, E., & Bodner, T. E. (2022, October). A Cell-Phone Policy Work-Life Change Randomized Field Study: Exploring Competing Employer and Front-Line Worker Perspectives on Increasing Control over the Work-Nonwork Boundary. In B. Wipfli (Chair), *Using Total Worker Health to Support Worker Physical and Mental Health* [Symposium]. Total Worker Health Symposium, Bethesda, Maryland, United States.

Hammer, L. B., **Brossoit, R. M.**, Bodner, T. E., Mohr, C. D., Crain, T. L., Brady, J. M., Brockwood, K. J., Allen*, S., & Adler, A. B. (2022, September). *The Effects of Pre-COVID FSSB and Sleep Leadership Training on COVID Leadership Effectiveness: Results from the Military Employee Sleep and Health Study* [Poster Presentation]. Annual Military Health System Research Conference, Kissimmee, FL, United States.

Hammer, L. B., **Brossoit, R. M.**, Allen*, S., Bodner, T. E., Mohr, C. D., Crain, T. L., Brady, J. M., Brockwood, K. J., & Adler, A. B. (2022, June). The Effects of Pre-COVID FSSB and Sleep Leadership Training on COVID Leadership Effectiveness. In Edelbroek, R. (Chair), *Leaders' Influences on Workers & Workplaces* [Paper Session]. Bi-annual Work and Family Researchers Network Conference, New York City, NY, United States.

Brossoit, R. M., Crain, T. L., Fisher, G. G., Eakman, A. M., & Leslie*, J. J. (2022, April). *Engaging with Nature and Work: The Outdoor Environment and Employee Outcomes* [Poster Presentation]. Annual Society for Industrial and Organizational Psychology Conference, Seattle, Washington, United States.

Brady J. M., Hammer, L. B., Allen*, S. A., Crain, T. L., **Brossoit, R. M.**, & Bodner, T. E. (2022, April). Promoting Leader Sleep Health. In C. Burnett and K. A. Fletcher (Chairs), *Leadership and Health Outcomes: Explorations of the Far-Reaching Impact of Leadership* [Symposium]. Annual Society for Industrial and Organizational Psychology Conference, Seattle, Washington, United States.

Brossoit, R. M., Hammer, L. B., Bodner, T. E., Crain, T. L., & Brockwood, K. J. (2021, November). *The Effects of a Total Worker Health[®] Intervention on Workplace Safety: Mediating Effects of Sleep and Supervisor Support for Sleep* [Virtual Poster Presentation]. Bi-annual Work, Stress, and Health Conference.

Hammer, L. B., **Brossoit, R. M.**, Bodner, T. E., Mohr, C. D., Crain, T. L., Brady, J. M., Brockwood, K. J., & Adler, A. B. (2021, August). *The Effects of Pre-COVID Sleep Leadership Training on COVID Leadership: Results from the Military Employee Sleep and Health Study* [Virtual Poster Presentation]. Annual Military Health System Research Conference.

Crain, T. L., **Brossoit, R. M.**, & Stevens, S. C. (2021, April). Understanding When Objective Measures of Sleep Are Not So Objective. In H. M. Trainer (Chair), *Toolkits for Physiological Measurement, Behavioral Coding, and Computational Modeling* [Virtual Symposium]. Annual Society for Industrial Organizational Psychology Conference.

Crain, T. L., Hammer, L. B., **Brossoit R. M.**, Brockwood, K. J., Mohr, C. D., Bodner, T. E., Allen, S., Dretsch, M., & Shea, S. A. (2021, April). Optimizing Sleep Through Total Worker Health: Results from The Military Employee Sleep and Health (MESH) Randomized Controlled Trial. In C. Burnett, & K. A Fletcher (Co-Chairs), *Sleep and the Workplace* [Virtual Symposium]. Annual Society for Industrial and Organizational Psychology Conference.

Robles-Saenz, F., **Brossoit, R. M.**, Crain, T.L., Hammer, L.B., & Wong, J.R. (2020, April). *Understanding the Role of Family-Specific Resources for Immigrant Workers* [Virtual Poster Presentation]. Annual Society for Industrial and Organizational Psychology Conference.

Brossoit, R. M., Crain, T. L., & Fisher, G. G. (2020, March). *Branching Out: Spending Time Outside as a Buffer Between Work Stressors and Health Outcomes* [Virtual Poster Presentation]. Annual MAP ERC Research Day.

Brossoit, R. M. (Co-Chair), Wong, J. R. (Co-Chair), Agars, M. D., Allen, T. D., Britt, T. W., Barber, L. K., Cave, K. A., & Daigle, K. L. (2019, November). *Reading Between the (APA Guide)lines: A Discussion of Ethical Dilemmas* [Interactive Panel]. Bi-annual Work, Stress, and Health Conference, Philadelphia, PA, United States.

Brossoit, R. M., Crain, T. L., Stevens, S. C., Wong, J. R., Guasta, L., Lauriski, D. R. (2019, November). Alertness Testing's Effects on Workplace Health and Safety: A Pilot Study. In **R. M. Brossoit** (Chair), *Applied Health and Safety Research Projects, Challenges, and Recommendations* [Symposium]. Bi-annual Work, Stress, and Health Conference, Philadelphia, PA, United States.

Robles-Saenz, F., **Brossoit, R. M.**, & Crain, T. L. (2019, April). *Understanding the role of workplace support for immigrant employees* [Poster Presentation]. Annual Celebrate Undergraduate Research and Creativity (CURC) Showcase, Fort Collins, CO, United States.

Selected for the Social Justice and Inclusion Award

Wong, J. R., Crain, T. L., **Brossoit, R. M.**, Hammer, L. B., Bodner, T. E., & Brady, J. (2019, April). *Beyond Just Resilience: The Important Role of Work-Family Resources for Soldiers* [Poster Presentation]. Annual Society for Industrial and Organizational Psychology Conference, National Harbor, MD, United States.

Crain, T. L., Ellis, A. M., **Brossoit, R. M.**, Stevens, S. C., & Wong, J. R. (2019, April). *Show and Tell: Integrating Impression Management with the Work-Nonwork Interface* [Poster Presentation]. Annual Society for Industrial and Organizational Psychology Conference, National Harbor, MD, United States.

Daigle, K. L., **Brossoit, R. M.**, Brents, C., Stevens, S., Cave, K., & Rosecrance, J. (2018, August). *Examining safety climate in a beer distribution company* [Poster Presentation]. Meeting of the International Ergonomics Association, Florence, Italy.

Brossoit, R. M., Hammer, L. B., Brockwood, K., & Crain, T. L. (2018, June). The Oregon Military Employee Sleep and Health (MESH) study: A Total Worker Health intervention. In T. L. Crain (Chair), *Conducting work-family interventions: An examination of challenges and recommendations* [Symposium]. Bi-annual Work and Family Researchers Network, Washington, DC, United States.

Brossoit, R. M., Crain, T. L., Hammer, L. B., Lee, S., Perry, M., Bodner, T. E., & Buxton, O. M. (2018, April). *Job resources and job satisfaction: Mediating effects of sleep* [Poster Presentation]. Annual Society for Industrial and Organizational Psychology Conference, Chicago, IL, United States.

Leslie, J. J., Stevens, S. C., **Brossoit, R. M.**, Hammer, L. B., Crain, T. L., Bodner, T. E., & Truxillo, D. R. (2018, April). *The effects of sleep on workplace cognitive failure and safety compliance* [Poster Presentation]. Annual Society for Industrial and Organizational Psychology Conference, Chicago, IL, United States.

Stevens, S. C., **Brossoit, R. M.**, Hammer, L. B., Crain, T. L., Bodner, T. E., & Truxillo, D. M. (2018, April). *Family-supportive supervisors and team cohesion: The moderating role of justice* [Poster Presentation]. Annual Society for Industrial and Organizational Psychology Conference, Chicago, IL, United States.

Brossoit, R. M., Leslie, J. J., Crain, T. L., Hammer, L. B., Truxillo, D. M., & Bodner, T. E. (2018, April). *Sleep, cognitive failure, and safety compliance in the construction industry* [Poster Presentation]. Annual MAP ERC Research Day, Broomfield, CO, United States.

Stevens, S. C., **Brossoit, R. M.**, Hammer, L. B., Crain, T. L., Bodner, T. E., & Truxillo, D. M. (2018, April). *Family-supportive supervisors and team cohesion: The moderating role of justice* [Poster Presentation]. Annual MAP ERC Research Day, Broomfield, CO, United States.

Daigle, K. L., **Brossoit, R. M.**, Brents, C., Stevens, S., Cave, K., & Rosecrance, J. (2018, April). *Examining safety climate in a beer distribution company* [Poster Presentation]. Annual MAP ERC Research Day, Broomfield, CO, United States.

Crain, T. L., **Brossoit, R. M.**, Lauriski, D., & Guasta, L. (2018, April). *Alertness testing's effect on workplace safety* [Poster Presentation]. Annual MAP ERC Research Day, Broomfield, CO, United States.

Brossoit, R. M., Crain, T. L., Hammer, L. B., Lee, S., Perry, M. L., Bodner, T. E., & Buxton, O. M. (2018, February). *Linking work and home life: How work demands and resources relate to employees' sleep and romantic relationships* [Poster Presentation]. Annual SERC Research Day, Tampa, FL, United States.

Sultan, M., **Brossoit, R. M.**, Johnson, R. C., & Crain, T. L. (2017, June). Does order matter? An examination of order effects in work-family survey research. In Cunningham, C. J. L. (Chair), *Methodological Issues and Advances in Stress Management* [Paper Panel Session]. Bi-annual Work, Stress, and Health Conference, Minneapolis, MN, United States.

Crain, T. L. & **Brossoit, R. M.** (2017, April). *Actigraphy: Measuring sleep in field settings* [Panel Presentation]. Annual Society for Industrial and Organizational Psychology Conference, Orlando, FL, United States.

Davies, R. L., Mondragon, A. R., Stevens, S. C., **Brossoit, R.M.**, & Crain, T. L. (2017, April). *The association between parent-child discussion and academic achievement and motivation* [Poster Presentation]. Annual Celebrate Undergraduate Research and Creativity (CURC) Showcase, Fort Collins, CO, United States.

Mondragon, A. R., Davies, R. L., **Brossoit, R. M.**, Stevens, S. C., & Crain, T. L. (2017, April). *The role of sleep and stress on commitment* [Poster Presentation]. Annual Celebrate Undergraduate Research and Creativity (CURC) Showcase, Fort Collins, CO, United States.

Brossoit, R. M., Crain, T. L., Hammer, L. B., Lee, S., Perry, M. L., Bodner, T. E., & Buxton, O. M. (2017, March). *Linking work and home: Mediating effects of sleep* [Poster Presentation]. Annual MAP ERC Research Day, Denver, CO, United States.

Brossoit, R.M., Sultan, M., Crain, T. L., & Johnson, R. C. (2017, February). *Order effects and affectivity in survey research: A pilot study* [Poster Presentation]. Annual SERC Research Day, Tampa, FL, United States.

Whitbourne, S. K., **Brossoit, R. M.**, Meca, A. (2016, August). *The role of identity in predicting career paths from college to early adulthood* [Poster Presentation]. Annual American Psychological Association Conference, Denver, CO, United States.

Brossoit, R. M., Crain, T. L., & Fisher, G. G. (2016, March). *Work/nonwork and sleep outcomes for shiftworkers* [Poster Presentation]. Annual MAP ERC Research Day, Denver, CO, United States.

Brossoit, R. M., Alla, R., Mantua, J., & Spencer, R. M. C. (2015, April). *The effects of saliency on short-term memory recall and long-term memory consolidation* [Poster Presentation]. Annual Massachusetts Statewide Undergraduate Research Conference, Amherst, MA, United States.

Brossoit, R. M., Alla, R., Mantua, J., & Spencer, R. M. C. (2015, April). *The effects of saliency on short-term memory recall and long-term memory consolidation* [Poster Presentation]. UMass

Amherst Psychological and Brain Sciences Department Research Conference, Amherst, MA, United States.

Brossoit, R. M., Alla, R., Mantua, J., & Spencer, R. M. C. (2015, March). *The effects of sleep on the consolidation of future relevant event memory* [Poster Presentation]. Annual Eastern Psychological Association Conference, Philadelphia, PA, United States.

Sonni, A., **Brossoit, R. M.**, Collins, K., Estowani, A., Fulone, N., Gusev, A., Mezzetti, E., Torres, E., Spencer, R. M. C. (2013, April). *The Role of Sleep in Gist Extraction* [Poster Presentation]. Annual Massachusetts Statewide Undergraduate Research Conference, Amherst, MA, United States.

Sonni, A., Bahlavouni, A., **Brossoit, R. M.**, DiMartino, S., Fulone, N., Gusev, A., Hannan, A., Mezzetti, M., Walsh, C., & Spencer, R. M. C. (2012, April). *Age-related changes in the consolidation of visuo-spatial learning* [Poster Presentation]. Annual Massachusetts Statewide Undergraduate Research Conference, Amherst, MA, United States.

FUNDED GRANTS

Mercy C.A.R.E.S. Community Reinvestment Grant, \$186,702 Co-PI (Calamia) & Co-PI (Brossoit), LSU Subaward of \$104,204 <i>Caring for our Care Force</i>	2023 – 2024
Louisiana State University Manship Summer Research Fellowship, \$5,000 <i>Nature and Employee Outcomes</i>	2023
Louisiana State University Manship Summer Research Fellowship, \$5,000 <i>Work-Life-Sleep Interventions</i>	2022
Colorado State University I-O Program Seed Grant, \$300 <i>Thinking and Talking about Work Scale Development</i>	2018 – 2019
UMass Amherst Commonwealth Honors College Research Grant, \$1,000 <i>The Effects of Saliency on Short-Term Memory Recall and Sleep-Dependent Memory Consolidation</i>	2014 – 2015

INVITED PRESENTATIONS

Beck, M. R, Evans, T., **Brossoit, R. M.** (2023, October). *WELL-Informatics: Cognition*. Panel discussion for Louisiana State University's WELL-Informatics Multidisciplinary Faculty Group Fall Workshop, Baton Rouge, LA.

Brossoit, R. M. (2023, April). *Employee Stress & Well-Being: Causes, Consequences, and Measurement*. Presentation for Louisiana State University's WELL-Informatics Multidisciplinary Faculty Group, Baton Rouge, LA.

Brossoit, R. M. (2023, February). *Academic Careers in I-O Psychology*. Discussion with an undergraduate I-O seminar at Colorado State University, Fort Collins, CO (virtual).

Brossoit, R. M. & Burke, V. (2023, January). *Navigating the SIOP Conference*. Presentation for the Louisiana State University I-O Psychology Colloquium Series, Baton Rouge, LA.

Brossoit, R. M. (2022, October). *Getting Back to Basics: Meeting Employees' Basic Human Needs of Sleep and Nature*. Presentation for the Bowling Green State University I-O Psychology Speaker Series, Bowling Green, OH (virtual).

Brossoit, R. M. (2022, October). *Stressed About Work? Occupational Health Psychology Can Help*. Presentation for the Baton Rouge Area Society of Psychologists, Baton Rouge, LA.

Brossoit, R. M. (2022, April). *Effects of a Workplace Sleep & Family Support Intervention*. Presentation for I/O-OB-LHRD Data Blitz, Baton Rouge, LA.

Brossoit, R. M. & Howard*, G. J. (2021, December). *Stress Less: How to Manage Work-Nonwork Stress*. Workshop for the Louisiana State University Foundation, Baton Rouge, LA.

Brossoit, R. M. (2021, March). *Studying Sleep in Applied Occupational Health Psychology Research*. Presentation for the Oregon Institute of Occupational Health Sciences Seminar Series, Portland, OR (virtual).

Brossoit, R. M. (2020, October). *The Science of Sleep: The Power of Rest to Support Employee Wellbeing*. Workshop for the City of Thornton's Sleep Hygiene Month, Thornton, CO (virtual).

Brossoit, R. M. (2020, September). *Sleep Research in Occupational Health Psychology*. Guest lecture for graduate Spectrums of Professions Protecting & Promoting Worker Health, Colorado State University, Fort Collins, Colorado.

Brossoit, R. M. (2019, October). *Fighting Fatigue*. Plenary session presentation for the annual Rocky Mountain Safety Conference, Denver, CO.

Brossoit, R. M. & Kaldahl, K. N. (2019, October). *Managing work and life in grad school: Understanding strategies to prevent stress and improve health*. Workshop for the Colorado State University Graduate Professional Development Series, Fort Collins, CO.

Crain, T. L., Stevens, S. C., & **Brossoit, R. M.** (2018, October). *Managing work and life in grad school: Understanding strategies to prevent stress and improve health*. Workshop for the Colorado State University Graduate Professional Development Series, Fort Collins, CO.

Brossoit, R. M. (2018, March). *Sleep*. Guest Lecture for undergraduate Occupational Health Psychology, Colorado State University, Fort Collins, CO.

Brossoit, R. M. (2017, October). *Sleep Research in Occupational Health Psychology*. Guest lecture for graduate Spectrums of Professions Protecting & Promoting Worker Health, Colorado

State University, Fort Collins, Colorado.

Brossoit, R. M. (2016, April). *Occupational Health Psychology and the Work-Nonwork Interface*. Guest lecture for graduate Total Worker Health, University of Colorado Denver, Anschutz Medical Campus, Denver, CO.

Brossoit, R. M. (2015, October). *Study Designs and Methodologies from the Cognition and Action Laboratory*. Guest lecture for undergraduate Research Methods, Colorado State University, Fort Collins, CO.

Fisher, G. G., Mattingly, V., Menger, L. M., Chaffee, D. S., **Brossoit, R. M.**, Elatova, A., Thompson, A., Walters, K. M. (2015, October). *Stress Management Workshop*. Presentation at the Anschutz Medical Campus, Denver, CO.

TEACHING

COURSE INSTRUCTOR

Undergraduate

Introduction to Psychology, PSY2000	2021 – Present
Organizational Psychology, PSY340	2019
Industrial Psychology Lab, PSY441	2019
Organizational Psychology Lab, PSY341	2017, 2018

Masters (All Online)

Applied Industrial Psychology, PSY647	2020
Applied Cross-Cultural I-O Psychology, PSY660	2020
Succession Planning and Leadership Development, PSY666	2019, 2020

Doctoral

Occupational Health Psychology, PSY7959	2023
Organizational Interventions, PSY7958	2024

TEACHING ASSISTANT

Industrial Psychology, PSY440	2019
Occupational Health Psychology, PSY492	2018
Theories and Practices of Counseling and Psychotherapy, PSY383	2015
Psychology of Aging, PSY365	2015

HONORS AND AWARDS

Nominee for the K. Patricia Cross 2021 Future Leaders Award	2020
George Thornton Graduate Student of the Year Award	2019
Society for Occupational Health Psychology Student Travel Award	2019
Peer-Nominated Award for Excellence in Service (“the OCB award”)	2019
Charles and Martha Neidt Graduate Award for Achievement in Applied Research	2018

Occupational Health Psychology Poster Award – MAP ERC Research Day	2016
Class of 1941 Humanitarian Award	2015
Psychology Department Academic Excellence Award	2015
Eastern Psychological Association Conference Research Award	2015
Kay Wilson Award for Psi Chi Executive Board Leadership	2014
College of Natural Sciences Bateman Family Scholarship	2013

SERVICE

PROFESSIONAL SERVICE

SOHP Scientific Affairs Committee Member	2022 – Present
SOHP Blog Series Coordinator	
SOHP Blog Series – Meet an OHP Blog Editor	

SIOP Graduate Student Scholarship Committee Member	2021 – 2023
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SOHP Graduate Student Issues Committee Member	2020 – 2021
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Ad Hoc Manuscript Reviewer

Behavioral Sleep Medicine
Current Psychiatry Reports
Current Psychology
International Journal of Occupational Safety and Ergonomics
Journal of Occupational Health Psychology
Occupational Health Science
Sleep Health
Stress & Health

Ad Hoc Conference Submission Reviewer

Society for Industrial and Organizational Psychology Conference
Work, Stress, and Health Conference

UNIVERSITY SERVICE

Graduate Student Committees

Joseph Casselberry, Music Education, General Exam	2023
Joseph Casselberry, Music Education, Dissertation	2023

LSU Discover Day – Undergraduate Research and Creativity Symposium Judge	2022
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DEPARTMENTAL SERVICE

LSU Psychology Department

PSYC 2000 Integrated Learning Core (ILC) Coordinator	2023
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PSYC 2999/Work Study Undergraduate Research Advisor	2023
Andrea Bickley	
Jasmine Gray	
Samantha Ferrer	
Madalyn McQuillan	
Jaylon Milton	
McNair Scholars Program Research Advisor	2023
Andrea Bickley	
Committee on Diversity and Outreach in Psychology	2021 – Present
Student and Faculty Recruitment & Retention Sub-Committee	
Psychology Department Graduate Student Committees	
Hannah Perkins Stark, Dissertation, Chair	2023
Hannah Perkins Stark, Comprehensive Exam, Chair	2023
Katelyn Reeves, Master’s Thesis	2023
Tyler Cowley, Comprehensive Exam	2023
Tyler Cowley, Dissertation	2023
Mary Snellings Inabnett, Master’s Thesis	2022 – 2023
Tyler Cowley, Master’s Thesis	2021 – 2022
Sydney Green, Comprehensive Exam	2021
Gino Howard, Comprehensive Exam	2021
Psychology Department Undergraduate Student Committees	
Tiffany Huynh, Honor’s Thesis	2022
Psychology Department Search Committee	2022
I-O Area Job Search	
Psychology Department Representative for LSU Undergraduate VIP Tour	2022
Graduate Strategic Research Grant Reviewer	2022 – Present
LSU I-O Area Miriam Gurman Graduate Student Award Reviewer	2022 – Present
LSU I-O Area Program Media & Culture Committee Chair	2021 – Present
<u>Previous Institutions</u>	
CSU Industrial-Organizational Psychology Association of Colorado	
Co-President	2017 – 2018
Co-Social Coordinator	2016 – 2017

CSU Mentoring Undergraduates for Graduate School Success Mentor	2015 – 2020
UMass Amherst Psi Chi	
President	2014 – 2015
Vice President	2013 – 2014
UMass Amherst Psychological and Brain Sciences Department	2014 – 2015
Student Representative for the Executive Board Committee	

PROFESSIONAL AFFILIATIONS

Society for Industrial and Organizational Psychology	2016 – Present
Society for Occupational Health Psychology	2018 – Present
Work and Family Researchers Network	2018 – Present
American Psychological Association	2016 – 2017
Eastern Psychological Association	2013 – 2015

CONSULTING EXPERIENCE

Strata Leadership Nov 2019 – July 2020

- Freelance writer for the *Character Core* magazine
- Articles include *Compassion at Work During the time of COVID-19. Dependability: It Depends on the Challenges Employees Face. Arriving Late: A Deviant but Preventable Behavior. Responding to Change with Adaptability and Low Stress. Humble Leadership: Recognize and Appreciate the Factors that Shaped your Success. Accepting and Appreciating Others at Work.*

Black & Veatch, Engineering and Construction Company Oct 2018 – Feb 2019
Miami-Dade County, Florida

- Developed and administered surveys to workers and management
- Evaluated an alertness testing software application
- Analyzed survey data and objective indicators of safety and performance
- Created final reports and presentations for senior leadership team

Left Hand Brewing, Craft Brewery Jan 2019 – May 2019
Longmont, Colorado

- Developed and administered employee focus groups related to organizational culture, organizational support, workplace stress, workplace wellness, and communication
- Provided recommendations for top management, drawing from organizational survey data and focus groups
- Created final reports and presented results to management

High Country Beverage, Beer Distribution Company Aug 2017 – May 2018
Johnstown, Colorado

- Developed and administered an ergonomics and safety climate intervention
- Conducted observations and interviews of workers, management, and senior leadership

Updated 10/5/23

- Administered an organization-wide safety climate survey
- Conducted a participative work design workshop
- Completed OSHA Form 33 to begin the process of gaining status in the OSHA-sponsored Safety and Health Achievement Recognition Program
- Created final reports and presented results to management and senior leadership

Signature Stone, Manufacturing Company
Greeley, Colorado

Jan 2017 – May 2017

- Developed and conducted focus groups related to workplace health and safety
- Created a final report with recommendations for an ergonomics training program

Rawhide Energy Station – Platte River Power Authority
Wellington, Colorado

Jan 2016 – May 2016

- Met with senior leadership to determine areas of concern regarding the health and well-being of employees
- Created signage and posters for the worksite on topics related to sleep health, work-life boundary management, and stress reduction

SCIENCE DISSEMINATION

BLOGS

Brossoit, R. M. (2023, August). The impact of a workplace sleep intervention on safety at work. *Kudos*. <https://link.growkudos.com/1p415n0dmo0>

Invited to be featured on the American Psychological Association (APA) Showcase

Brossoit, R. M. (2023, March). Show Me the Money – Funding OHP Science (SOHP Science Networking Event Session). *Society for Occupational Health Psychology Blog*. <https://sohp-online.org/show-me-the-money-funding-ohp-science/>

Brossoit, R. M., Cave, K. A., & Daigle, K. L. (2019, May 20). Stressed About Work? Occupational Health Psychology Can Help. *American Psychological Association Psych Learning Curve*. <https://psychlearningcurve.org/occupational-health-psychology/>

PODCASTS

Fletcher, K. (Host). (Forthcoming). [Audio podcast episode]. In *Healthy Work Podcast*.

Michrowski, E. (Host). (2020, September 10). Episode 11: Are you feeling sleepy? Why sleep is so critical to stay safe! With Rebecca Brossoit, M. S. [Audio podcast episode]. In *The Safety Guru*. Propulo Consulting. <https://www.thesafetyculture.guru/are-you-feeling-sleepy-why-sleep-is-so-critical-to-stay-safe-with-rebecca-brossoit-m-s/>

MEDIA COVERAGE

University of Massachusetts Amherst (2023, September 18). *Restoring Employee Health and Safety by Applying Occupational Health Psychology*. In the Psychological and Brain Sciences Spotlight on Alumni Series. <https://www.umass.edu/psychological-brain-sciences/news/restoring-employee-health-and-safety-applying-occupational-health-psychology>

American Psychological Association (2023, January 01). *2023 Trends Report: Worker well-being is in demand as organizational culture shifts*. https://www.apa.org/monitor/2023/01/trends-worker-well-being?utm_source=twitter&utm_medium=social&utm_campaign=apa-monitor-trends&utm_content=2023-trends-worker-well-being

Manning, M. (2019, June 05). *Study: Improved worker safety linked to a good night's sleep*. College of Natural Sciences, Source. <https://natsci.source.colostate.edu/study-improved-worker-safety-linked-to-a-good-nights-sleep/>

Carlson, S. (2019, November 06). *Study Links Lack of Sleep to Greater Risk of Injury in Construction*. CCIG. <https://thinkccig.com/sleep-construction/>

HSEBlogger (2019, November 03). *Waking Up to the Risks of Workplace Fatigue*. Key-Worx Risk Management Solutions. <https://key-worx.co.za/2019/11/03/waking-up-to-the-risks-of-workplace-fatigue/>

Kohl Law Offices (2019, September 26). *New Study: Construction Workers Aren't Getting Enough Sleep*. The Law Offices of Deborah G. Kohl. <https://www.dgklawblog.com/construction-workers-fatigue/>

Fluxman, C. (2019, September 06). *Study Finds Poor Sleep Linked to Safety*. Safety Unlimited News Service. <https://sunnewsreport.com/study-finds-poor-sleep-linked-to-safety/>

Paint Square. (2019, August 20). *Study: Poor Sleep Links to Construction Injuries*. Coatings Industry News. <https://www.paintsquare.com/news/?fuseaction=view&id=21483>

National Roofing Contractors Association. (2019, August 19). *Study links poor sleep to injury risk for construction workers*. <http://www.nrca.net/RoofingNews/study-links-poor-sleep-to-injury-risk-for-construction-workers.8-20-2019.7928/Details/Story>

National Safety Council. (2019, August 08) *'There's a business case': Study of construction workers links poor sleep to injury risk*. <https://www.safetyandhealthmagazine.com/articles/18739-theres-a-business-case-study-of-construction-workers-links-poor-sleep-to-injury-risk>

Industrial Safety & Hygiene News. (2019, July 29). *Study: sleep, safety are linked*. <https://www.ishn.com/articles/111186-study-sleep-safety-are-linked>

Updated 10/5/23

Clawson, M. (2019, July 02). *Members in the Media*. The Industrial-Organizational Psychologist (TIP). <https://www.siop.org/Research-Publications/TIP/TIP-Back-Issues/2018/October/ArtMID/20676/ArticleID/3028/Members-in-the-Media>

Butt, J. (2019, June 06). *16 Minutes of Sleep Loss Enough to Suffer at Work*. My OHS. <https://myosh.com/blog/2019/06/06/16-minutes-of-sleep-loss-enough-to-suffer-at-work/>

The National Institute for Occupational Health and Health. (2018, December). *Outside NIOSH: Poor Sleep Can Impair Workplace Safety Practices*. NIOSH Research Rounds. <https://www.cdc.gov/niosh/research-rounds/resroundsv4n6.html#c>

National Framers Council. (n.d.) *How Does Sleep Link to Injuries?* <https://www.framerscouncil.org/news/2019/sep/how-does-sleep-link-injuries>

Temby, W. (n.d.) *Lack of Sleep Linked to Higher Risk of Injury in Construction*. Apprentice Personnel. <https://www.apprenticepersonnel.com/blogs/construction-injuries/>